



FLIP CHARACTERS. BUILD CHARACTER.

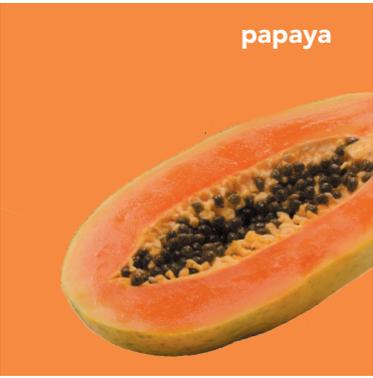
Improve your memory and challenge your friends to a game of matching the Pixar characters and Dole fresh fruits and vegetables. Cut out each square and put them face down to start the game. Take turns flipping each square and finding its match. Most matched pairs wins!



Disney PIXAR ©Disney/Pixar



artichoke



papaya



banana



pineapple



artichoke



papaya



banana



pineapple

▶ DID YOU KNOW? Bananas are a good source of manganese, which supports energy metabolism.



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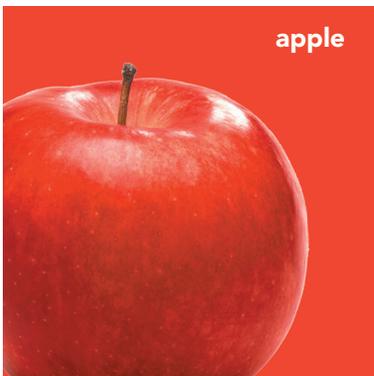
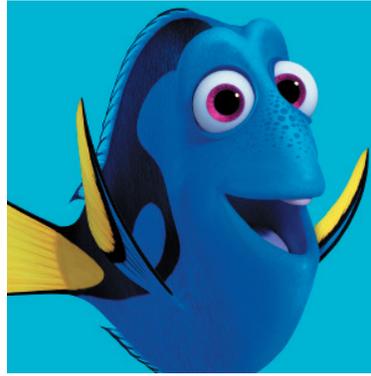
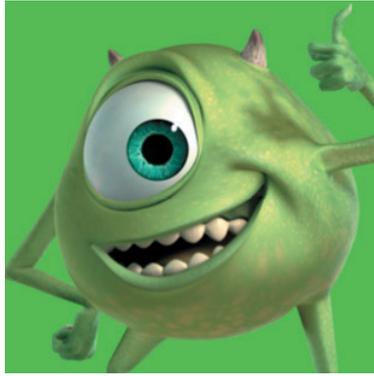
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Disney

PIXAR

©Disney/Pixar



apple



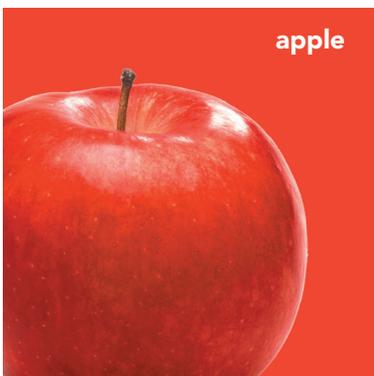
blueberries



broccoli



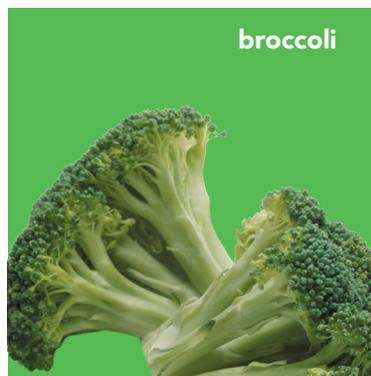
oranges



apple



blueberries



broccoli



oranges

▶ **DID YOU KNOW?** Broccoli is a good source of folate, which helps maintain a healthy heart.



DISNEY IN THE KITCHEN

Relive the incredible adventures within Disney's films and theme parks through Disney-inspired recipes from Dole. Whip up some theme park magic with this fun and easy to make recipe for Tatooine Blue Milk! Don't forget to snap a pic and share your creation with us on social media. For more delicious recipe inspiration, head to [Dole.com](https://www.dole.com).



TATOOINE BLUE MILK

Servings: 2 **Prep Time:** 10 MIN **Total Time:** 10 MIN

INGREDIENTS:

- 1 cup unsweetened lite coconut milk
- 1-1/2 DOLE® Bananas, peeled and sliced
- 1 tablespoon maple syrup
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon vegan blue food coloring
- 1 cup ice cubes

DIRECTIONS:

Combine coconut milk, bananas, maple syrup, cinnamon, food coloring, and ice in blender. Cover; blend until smooth.

